



## Ambitions Teaching School Cooperative

The Root Of It are working with Ambitions Teaching School to offer reduced cost training. By expressing an interest directly with Ambitions Teaching School, this will allow the cost of each programme to be reduced to less than 50% of the original price. As this is a cooperative approach, the cost will become cheaper the more settings there are.

If you would like more details on any of the programmes, please visit [www.rootofit.com](http://www.rootofit.com) or get in touch.

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## Social, Emotional and Mental Health

| Programme   | Cost before discount        | Description   | Aimed at  |
|---|-----------------------------|---|---|
| National Leaders in Social, Emotional and Mental Health Programme               | £1400                       | A 12-month programme for Heads, senior leaders and local authority staff to support strategic leadership. Delivered on 4 individual days or 12 twilights.   | Heads, Senior Leaders, Local authority staff          |
| National Leaders in Social, Emotional and Mental Health Programme for Governors | £800                        | A 2-day programme delivered over a term for Designated Governors monitoring mental health and wellbeing.  | Designated Governors                                  |
| Advanced Social, Emotional and Mental Health in Education                       | £1400                       | A 2-day (or 7 twilight sessions) professional development course for teaching staff, allowing them to explore advanced strategies and causes of social, emotional and mental health difficulties. | Teachers  |
| Advanced Social, Emotional and Mental Health for Support Staff                  | £1400                       | A 2-day (or 7 twilight sessions) professional development course for support staff and family workers, giving them deeper insight into social, emotional and mental health difficulties.          | Support staff   |
| Level 3 Certificate in Children and Young Person's Mentoring                    | £700                        | Training for frontline staff to assess social and emotional needs and plan individual or group interventions. A 3-day course, followed by a six-month portfolio to gain a L3 qualification.       | Learning mentors, pastoral staff, SENDCOs             |
| Advanced Mentor in Social, Emotional and Mental Health                          | £1400                       | A 12-month programme for frontline staff to explore social, emotional and mental health difficulties in more depth to gain a L4 certificate. Delivered on 4 individual days or 12 twilights.      | Established learning mentors, pastoral staff, SENDCOs |
| Mental Health Awareness for Schools/Colleges                                    | Varies depending on numbers | A universal online course to help educational staff across a setting be familiar with common mental health difficulties and the basic do's and don'ts.  | All education staff                                   |
| Classroom Behaviour Management  | Varies depending on numbers | A 1-day INSET/course covering the 7 essential steps to behaviour management in the classroom, including group mind and the three core levels of reward system.                                    | Early career teachers, HLTAs                          |

## Interventions

| <b>Programme</b>            | <b>Cost before discount</b> | <b>Description</b>  | <b>Aimed at</b>                |
|-----------------------------|-----------------------------|---|--------------------------------|
| Successfully Managing Anger | £275                        | <i>A one-day course to train schools to deliver a 10 session anger management course.</i>   | KS2 upwards                    |
| Anxiety Awareness           | £275                        | <i>A one-day course to train schools to deliver a 10 session anxiety management course.</i>   | KS2 upwards                    |
| Confident Behaviour*        | £275                        | <i>A two-day course to train you, to train schools to deliver a 6-session discussion based behaviour course for parents and carers.</i> | Primary and Secondary versions |
| Peer Mentoring*             | £350                        | <i>A two-day course to train schools to deliver peer mentor training.</i>   | KS2 upwards                    |

\*Please note schools will incur resource fees from us for workbooks/resources when delivering these programmes

## Other mentor programmes

| <b>Programme</b>             | <b>Cost before discount</b> | <b>Description</b>   | <b>Aimed at</b>                                       |
|------------------------------|-----------------------------|--|---|
| Mentor for Teachers          | £700                        | <i>A 3-day programme designed to accredit staff mentoring student, new or recently qualified teachers.</i>   | Mentors of NQTs and RQTs                              |
| Advanced Mentor for Teachers | £1400                       | <i>A 12-month national programme for those mentoring more experienced staff through their teaching career and leadership journey.</i>  | Mentors of experienced teaching staff                 |
| Academic Mentor              | £700                        | <i>Using mentoring to help children overcome learning or academic difficulties. A 3-day course, followed by a six-month portfolio to gain a L3 certificate.</i>  | Support staff   |
| Refugee Mentor               | £700                        | <i>Helping young people who are refugees to help them on their journey. A 3-day course, followed by a six-month portfolio to gain a L3 certificate.</i>  | Staff supporting refugees                             |
| Work Readiness Mentor        | £700                        | <i>Using mentoring to support those at risk of becoming NEET to be work ready. A 3-day course, followed by a six-month portfolio to gain a L3 certificate.</i>   | Staff mentoring young people to prepare them for work |
| Career Mentor                | £700                        | <i>Careers support has changed over the last few years, this course helps staff use a mentoring approach to help a young person. A 3-day course, followed by a six-month portfolio to gain a L3 certificate.</i> | Staff supporting careers advice                       |