

Developmental Milestones

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Download the assessment at www.thekidcalmer.com/sesa



Background

- Experience in mental health nursing, teaching, behaviour and psychology.
- Set up The Root Of It in 2013.
- Direct work with approximately 2% of all schools and colleges in England.
- Author of 13 books.
- Chair of the National SEND Awards.
- Developed mental health training and qualifications for heads, principals, teachers, support staff and more...

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The National Context

- Rising mental health needs amongst both pupils and staff.
- Withdrawal of Learning Mentor training in 2010.
- Funding 'reforms' 2010-...
- Shift to SEMH (social, emotional and mental health) in 2015.
- Disability discrimination and SEND reforms.
- DfE expectation of Mental Health Lead for pupils in 2020-2023 (for free downloads see gateway.rootofit.com).

Mapping Social and Emotional Milestones

- 2011 – the theory

Many behavioural problems are caused by deficit social and emotional skills.

By identifying the early deficits, you can plug those gaps, which support later skills and reduce the need for the negative behaviour.

- 2011-2019 – mapped the known social and emotional milestones.
- Development of the Social and Emotional Skills Assessment.

Infancy (0-18 months)

- Eye contact
- Gazing at faces
- Joining in games
- Smiling
- Accept praise
- Express basic emotions
- Cope with short-term separation

Toddlerhood (18 months – 4 years)

- Respond to boundaries
- Extended separation
- Fairness
- Self-identity
- Empathy to those in distress
- Cooperation
- Turn-taking

Early Childhood (4 – 8 years)

- Social conventions
- Pay attention for extended periods
- Join group activities with shared rules (cooperate)
- Recognise own abilities
- Display 'false' emotions
- Development of simple morals

Middle Childhood (8-13 years)

- Social problem-solving
- Understand the impact of their own behaviour
- Recognise emotional impact of moral transgressions
- Development of imaginary worlds
- Complex emotional awareness
- Develop own friendship group
- Collaborative play

Adolescence (13-18 years)

- Separate friends from peers
- Identify own support network
- Use conversation to socially problem-solve
- Experimenting with early relationships
- Develop own moral code

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Questions

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